Emergency First Aid at Work

At a glance…

Training (with Assessment) Competence

Duration Notes: 1 day

Introduction

Show you are the first aider in your workplace with our Emergency First Aid at Work training course.

Overview in brief

First aid can be crucial until the professionals take over.

This training course is for you if you are required to identify yourself as an emergency first aider in the workplace.

The finer details

This is a one-day training and assessment course. You'll learn the key techniques to administer first aid.



At the end of the course you will receive a certificate of training in Emergency First Aid at Work.

The course contains the following sessions:

- Introduction
- Incident management
- Unresponsive casualty

• Airway and breathing problems

• Circulation problems (Wounds and bleeding)

• Minor injuries.

Who should attend?

This course is ideal for you if you work in any industry that requires a recognised first aider, especially where identification is required before you give first aid, but does not require a qualification. It is suited for nominated first aiders in low-risk working environments, such as offices.

What will be covered?

The role of the first aider.

Assessing the situation.

Cardio-pulmonary resuscitation (CPR).

Dealing with choking, bleeding, shock and minor injuries including small cuts, grazes, bruises, minor burns, scalds and small splinters.

Other areas of interest

Training

- AID33 First Aid at Work
- AID34 First Aid at Work Requalification
- AID17 +F First Aid
- AID35 Emergency First Aid at Work +F
- AID36 First Aid at Work +F
- AID37 First Aid at Work +F Requalification

Training Republic of Ireland

- AID31 +F First Aid (Republic of Ireland only)
- AID40 Emergency First Aid at Work +F (Republic of Ireland only)

Qualifications

- 610/1205/1 Level 3 Award in Emergency First Aid at Work
- 610/1208/7 Level 3 Award in First Aid at Work