Access a Tree Using a Rope and Harness and Aerial Tree Rescue

At a glance…

Training (Only)

Duration Notes:	5 days
Prerequisites:	Learners are required to attend the course with LOLER compliant tree climbing equipment, personal first aid kit attached to harness, PPE. It is recommended the learner holds current Emergency First Aid at Work certification. NB: Instructors have been instructed not to undertake training where learner's protective equipment does not meet appropriate requirements.

Introduction

Learn life-saving knowledge with our five-day tree access and rescue course.



This is a hands-on course that delivers both practical skills and health and safety guidance as well as demonstrating that you and your employer have completed sufficient training to meet the **Provision and Use of Work Equipment Regulations 1998 (PUWER).**

This course is not an alternative to achieving the qualification in this area. Professional Users must achieve the Level 2 Award in Accessing a Tree Using a Rope and Harness

and the Level 3 Award in Aerial Tree Rescue Operations

Overview in brief

Working in the Arboriculture can be a dangerous business.

And when things go wrong, the ability to access a tree to undertake a rescue operation might well be the difference between life and death.

Our course will teach you all you need to know to be able to carry out such a rescue.

Complete it and you can move on to the Level 2 Award in Accessing a Tree Using a Rope and Harness or the Level 3 Award in Aerial Tree Rescue Operations.

The finer details

Our course is for people aged 16 and above.

It involves a mix of theory and practical sessions.

You'll be taught the essential safety guidelines, equipment, inspection and planning needed to access a tree.

You'll then move on to learning the skills required to carry out a successful rescue.

Course sessions:

- Health and safety legislation and guidelines
- Tree climbing equipment
- Visual tree inspection
- Rope configurations
- Access techniques and work positioning principles
- Final anchor point and work positioning techniques
- Use a flip-line and climbing irons (spikes)
- Storing equipment.

Worth noting: You must be physically fit, and not suffering from vertigo or similar conditions, to be eligible.

You'll also need to be free from any medication that could affect your safety.

You might need to have undergone certain training and/or assessment to qualify for our course. If you're not sure, please seek advice from your Lantra Awards training provider.

Who should attend?

This course is for people who are already working in, or are looking to work in, one of the following industries: Arboriculture, Forestry, Woodland industries, Local authorities, Conservation.

Please be aware that to take this course, you must be physically fit and not suffering from vertigo or similar conditions.

You must also be free from medication that could affect your safety.

Also, there may be pre-requisite training and/or assessment required before undertaking this training course.

Learners should seek advice from their Lantra Awards training provider.

This course is not appropriate for persons under 16 years of age.

What will be covered?

By the end of this course, you'll be able to:

- Understand the legislation relating to tree climbing
- Identify a range of Personal Protective Equipment (PPE) appropriate to work positioning systems
- Identify hazards and manage the associated risks
- Choose appropriate anchor points
- Tie, dress and set a range of tree climbing knots
- Carry out visual tree inspection
- Carry out pre-use inspection of tree climbing equipment
- Choose appropriate anchor points
- Use techniques for safe and efficient ascent and descent
- Understand the duties of a competent grounds person
- Establish safe and comfortable work positions
- Use climbing irons safely and efficiently
- Store tree climbing equipment appropriately.

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